

Travel instructions to MAHA YOGA Zentrum

DEUTSCHE AKADEMIE FÜR TRADITIONELLES YOGA E. V. BERLIN



From Airport Berlin-Schönefeld

THE TRIP TAKES ABOUT 1 HOUR

- Walk 5 min to the S-train-station *Schönefeld*. Buy a ticket *ABC Regeltarif* for 2,80 €.
- Take the S-train Line *S9* towards *Spandau* (take 13 stations).
- Get off S+U station *Alexanderplatz*. Change to the underground U-Bahn Line *U8* towards *Wittenau* (take 3 stations). Stay preferably in the end of the train, in the last car.
- Get off at the station *Bernauer Straße*. Take the elevator to get out. As you step out the elevator and turn right you arrive directly in front of Maha Yoga Center (white gate with pink yoga banner on top); the residence of *Deutsche Akademie für traditionelles Yoga Berlin*. You will recognize the organic food store "*Vielfalter*" which is part of the Center.
- *Address&Contact*: Brunnenstraße 147, 10115 Berlin, tube-station U8 Bernauer Straße. Phone 0049-30-81 86 81 86.

From Airport Berlin-Tegel

THE TRIP TAKES ABOUT HALF AN HOUR

- Find station for *bus128*. Buy ticket *AB Regeltarif* in bus for 2,10€.
- Get off at the station *U-Osloer Straße*.
- Change there to the underground U-Bahn Line *U8* towards *Hermannstraße*. Stay preferably in the front/the first car of the train.
- Take 4 stations. Get off *Bernauer Straße*. Take the elevator to get out. As you step out the elevator and turn right you arrive directly in front of Maha Yoga Center (white gate with pink yoga banner on top); the residence of *Deutsche Akademie für traditionelles Yoga Berlin*. You will recognize the organic food store "*Vielfalter*" which is part of the Center.
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From the station Berlin-Hauptbahnhof

THE TRIP TAKES ABOUT 15 MIN

- Buy a ticket *AB Regeltarif* for 2,10 €.
- Take *bus 245* towards *S Nordbahnhof/Gartenstraße* (take 13 stations).
- Walk to MetroTram station.
- Take MetroTram *M10* towards *S+U Warschauer Straße*.
- Get off at the station *U Bernauer Straße*. Walk in driving direction. Take right on the big intersection and walk down *Brunnenstraße* (south direction). After 3min walk to your right you will find *Brunnenstraße 147* and thereby Maha Yoga Center (white gate with pink yoga banner on top); the residence of *Deutsche Akademie für traditionelles Yoga Berlin*. You will recognize the organic food store "*Vielfalter*" which is part of the Center.
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From the station Berlin-Ostbahnhof

THE TRIP TAKES ABOUT 15 MIN

- Buy a ticket *AB Regeltarif* for 2,10 €.

- Take any of the S-trains *S75, S5* or *S9* towards *Westkreuz, Spandau* or *Wannsee* (2 stations).
- Get off S+U station *Alexanderplatz*.
- Change to the Underground Line *U8* towards *Wittenau* (3 stations). Stay preferably in the end/the last car of the train.
- Get off *Bernauer Straße*. Take the elevator to get out. As you step out the elevator and turn right you arrive directly in front of Maha Yoga Center (white gate with pink yoga banner on top); the residence of *Deutsche Akademie für traditionelles Yoga Berlin*. You will recognize the organic food store "*Vielfalter*" which is part of the Center.
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From the ZOB (Zentraler Omnibus Bahnhof), busstation

THE TRIP TAKES ABOUT HALF AN HOUR

- Walk to the S-station *Messe Nord/ICC*. Buy a ticket *AB Regeltarif* for 2,10 €
- Take the train *S46* direction *S+U Gesundbrunnen* (6 stations).
- Change at *Gesundbrunnen* to the Underground Line *U8* towards *Hermannstraße*. Stay preferably in the front/the first car of the train.
- Take 2 stations. Get off *Bernauer Straße*. Take the elevator to get out. As you step out the elevator and turn right you arrive directly in front of Maha Yoga Center (white gate with pink yoga banner on top); the residence of *Deutsche Akademie für traditionelles Yoga Berlin*. You will recognize the organic food store "*Vielfalter*" which is part of the Center.
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With the car from north: route 1

- From the motorway *A 24*: Change to the Berliner Ring *A10* direction *Prenzlau, Frankfurt/O., Berlin-Zentrum, Schwante*.
- At *Dreieck Pankow* change to *A114* direction *Berlin-Pankow, Berlin-Zentrum*.
- Leave the motorway at *Pasewalker Straße* in direction *Zentrum B109, Prenzlauer Berg*.
- Go straight on *Prenzlauer Allee*.
- Turn right into *Danziger Straße* at *B96a* follow that road until it turns into *Eberswalder Straße* and finally *Bernauer Straße*.
- *Bernauer Straße* crosses *Brunnenstraße*. Turn left into *Brunnenstraße*.
- On the right side *No. 147* is our Yogacenter (white gate with pink yoga banner on top); the residence of *Deutsche Akademie für traditionelles Yoga Berlin*. You will recognize the organic food store "*Vielfalter*" which is part of the Center.
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With the car from south and west: route 2

- From Berliner Ring *A10*: Go to the *A115* towards *Berlin-Zentrum, Berlin-Zehlendorf, Potsdam-Zentrum*.
- At *Messedamm* change to *A100* direction *Tegel, Hamburg, Wedding*.
- Leave the *A100* at exit *Beusselstraße/Seestraße* direction *Wedding*.
- Drive on *Seestraße* which turns into *Osloer Straße*.
- Go half right into the *Schwedenstraße* which turns into *Badstraße*.
- Follow *Badstraße* until it turns to *Brunnenstraße*.
- On the right side *Brunnenstraße No. 147*. This is our Yogacenter (white gate with pink yoga banner on top); the residence of *Deutsche Akademie für traditionelles Yoga Berlin*. You will recognize the organic food store "*Vielfalter*" which is part of the Center.
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